UCSF JOURNAL

CAMPUS MAIL

A PUBLICATION FOR THE CAMPUS COMMUNITY OF THE UNIVERSITY OF CALIFORNIA SAN FRANCISCO 1475 · 4th AVE., S.F., CA. 94143 MAY 1978 VOL. 2 NO. 1

During this year's Disaster Drill, 105 patients, who were made up with moulage wounds and injuries, simulated the types of medical emergencies that would occur following an earthquake. The campus community's disaster response was tested to improve its ability to serve as a resource in the event of an actual disaster. Dr. John Conte, director of Emergency Services, was disaster coordinator.

Disaster Drill

Earthquake "Victims" made up with moulage wounds and injuries were triaged in the Medical Sciences lobby during this year's recent disaster drill. They were prepared for the three-hour simulation by a special moulage team comprised of Coordinator Robert Dousette, a paramedic with San Francisco Emergency Medical Services, Dennis McDivitt, also a paramedic with the City's emergency services, and Loren Lockenridge, a registered nurse at San Francisco General Hospital.

The 105 victims were students from four San Francisco high schools: Mercy, McAteer, George Washington, and Urban School. Members of R.S.V.P. (Retired Senior Volunteer Program) also participated, as well as in-service volunteers and employees. The participants in the day's activities were coordinated by Volunteer Services, Sharon Beckham, coordinator and Joyce McGriff, assistant coordinator.

Who's Saving Energy?

We're in real trouble with energy — or hadn't you noticed?

Everybody was aware when we were coping with the water shortage, and everybody did something about it.

But somehow the energy message hasn't hit us that hard. We aren't caught up yet in the effort to use less fuel of all kinds, including gas, electricity and gasoline.

And yet we have to be, because this problem carries with it the potential for serious impact at UCSF, such as cutbacks in available dollar resources for campus activities.

This word comes from Chancellor Sooy's newly-appointed UCSF Energy Conservation Committee, headed by Dr. Harvey Patt, director of the Laboratory of Radiobiology. Its assignment is to "develop and implement a full resources conservation program" for this campus.

This means, to begin with, that "we must try to educate our fellow citizens on campus, to make them aware that there is a great need for conservation. We must educate ourselves before a real crisis develops."

Dr. Patt, Nat Garibaldi, manager of the Physical Plant Department, and Guy LeBreton, assistant manager and coordinator of energy conservation, discussed the problem with the *UCSF Journal.*

The new drive started March 14 when Chancellor Sooy named the committee, saying:

"We are all aware of the sharply escalating cost of energy but perhaps not aware of its impact on our campus."

This impact starts with an astonishing increase in the cost of energy: from about $720,000 per year in fiscal 1972-73 to more than $3.2 million in 1977-78. And this happened despite a decrease of about 10 per cent in the campus use of natural gas, oil, electricity and water.

How can that be? If you cut use, shouldn't you be cutting costs too?

Not so, in this case.

"It used to be that large bulk users of electricity paid less," Garibaldi said. "The more you used, the less you paid per unit. That was on the premise that it costs less per unit to serve one large consumer than a number of small ones.

"But these lower wholesale rates no longer apply. The California Public Utilities Commission has been interested in giving the small homeowner a break, and thus the large user is essentially being penalized."

Of course, utility rates themselves have gone up as well. And more than that, UCSF uses power most heavily during the peak hours of 8 a.m. to 5 p.m., when the heaviest load is on the Pacific Gas & Electric Co. system. This creates higher demand charges on the monthly bill.

At home, you don't pay any more for power use during the peak hours, Garibaldi said, but the wholesale users do. And while you probably can do the laundry, take baths and wash the dishes before and after peak, UCSF doesn't have that alternative.

So the costs go up and up, and the worry is mounting, because there is only so much money around for running the University. If too much of it is used for energy costs, then perhaps programs will have to suffer.

"Energy costs are up so tremendously that it could have a very serious impact on a campus such as this," Dr. Patt said. "It is to everybody's benefit to save."

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81 long-term staff members were honored during special ceremony.

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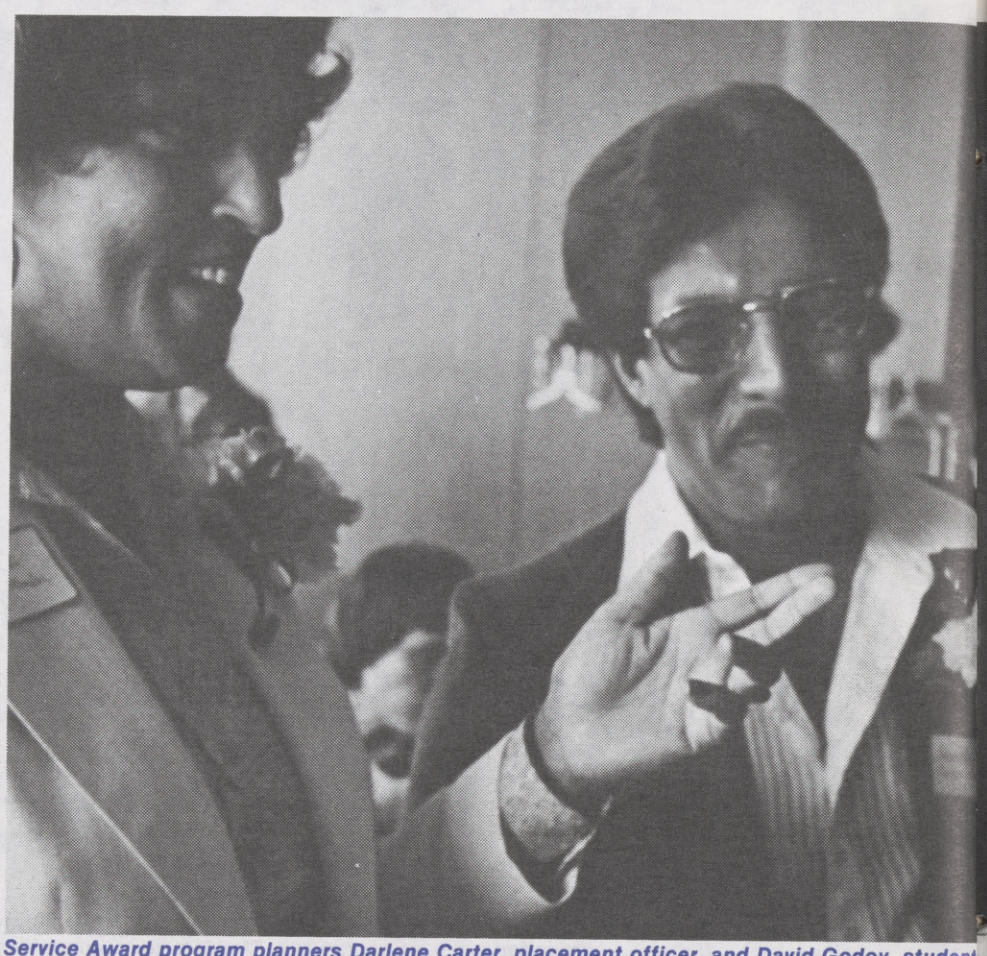
Puppets help prepare pediatric patients for surgery.

Staff Service Award Winners

Staff Service Award certificates were recently presented to 81 employees by Chancellor Sooy during the Eighth Annual Staff Service Award Ceremony. Seventeen employees were honored for 25 years of service, and 64 who retired during 1977 were also given certificates.

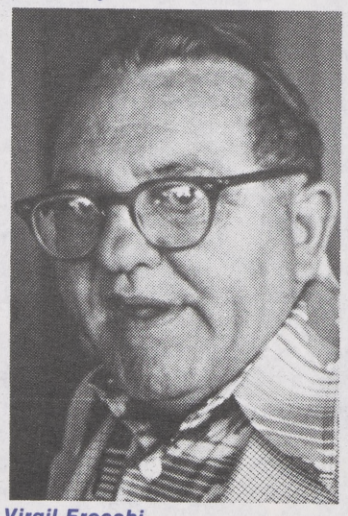


Service Award program planners Darlene Carter, placement officer, and David Godoy, student ces assista of Students Office with Danuta Sek, secretary in the office of the Vice Chancellor for Person d Student S

Deborah Schwab and Beatrice Kennedy from the Ambulatory Care Center

Noel Christian, principal analyst, Personnel Department, and Chancellor Sooy

Anne O'Neil, Urology Department



Virgil Frocchi, School of Dentistry

Chancellor So nd Reno F

Langley Porter Institute's Don Allan, assistant administrator; Marge Casteel, head nurse; Julia Robinson, administrator; and Helen Chastko, head nurse.

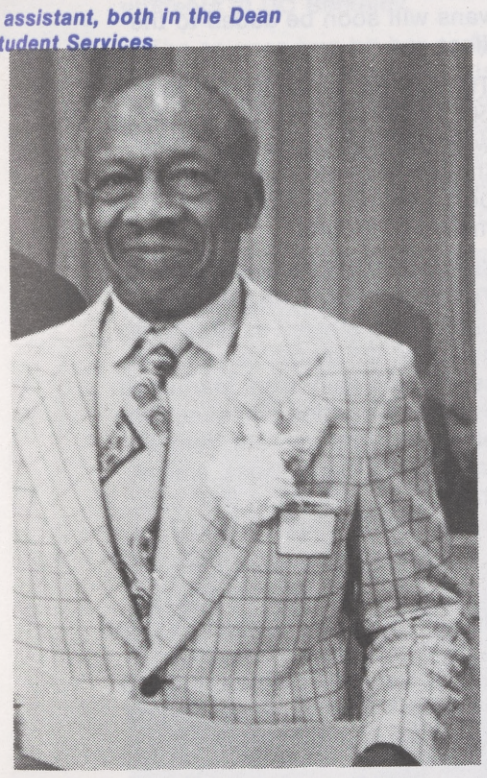
Rosetta Shelby, Laundry and Linen Services

Olga Hankins, Millberry Union

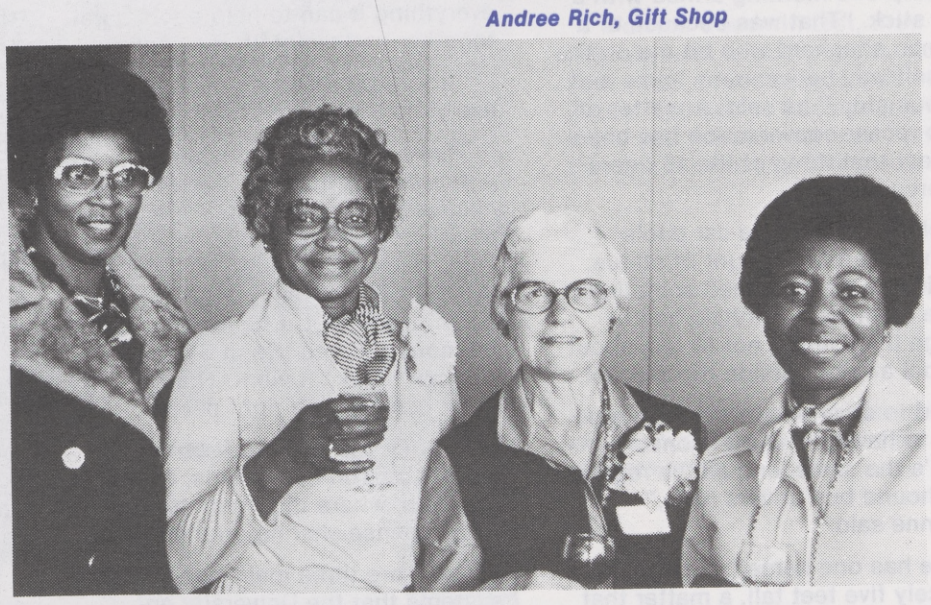
Etta Kelly, Housing

Eron Vestnys, School of Pharmacy

Andree Rich, Gift Shop

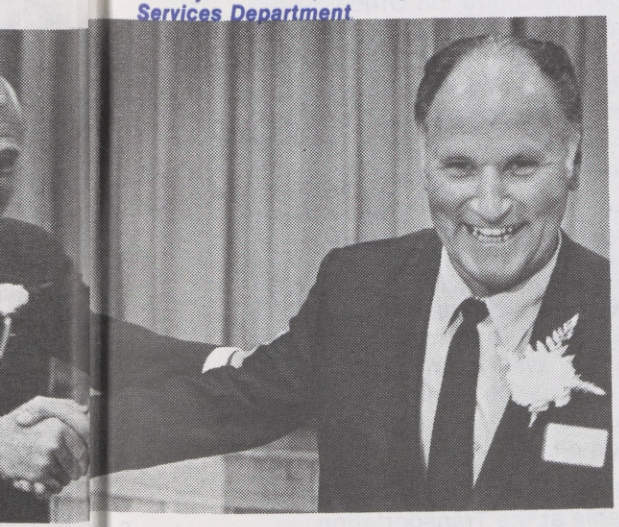


Freddy A. Barrett, Laundry and Linen Services Department



Laundry and Linen Services Department's Willena Gray, Maxine Jones, Nelly Van Steen, and Jennie Coleman

, student ces assistant, both in the Dean
r Personn d Student Services



cellor So nd Reno Piccinini, Campus Police Department.

Pooling Is Pleasant

Vanpoolers (l-r) Hollis Gray, Suzanne Myover, Mert Bali

"I keep my glasses in an open ended case clipped to the van's sun visor," said Hollis Gray. "Aline Steward, who works in the Office of Environmental Health and Safety, had gotten to the van early in the afternoon and inserted one of those plastic tarantula spiders into the case so that when I grabbed my glasses and pulled them out, this spider would make its appearance. Thank God the van was still parked when this happened because the spider ended up in my lap and the glasses were flung up against the ceiling. Need I add that spiders scare the daylights out of me.

"Then just before Christmas time, Carroll Price, my back-up driver and I were kidding Aline about our receiving 'deserving' Christmas presents from all of our riders. On the last working day before Christmas, Aline handed each of us a neatly wrapped Christmas present in very small boxes about half the size of a cigarette pack. When we opened them, they were empty. Aline, noticing our disappointment said she had given us a precious gift of fresh air, compliments of the Environmental Health and Safety office."

At the moment, 1,001 UCSF people are either taking part in pools or have listed themselves as available to join. They come to work in all kinds of vehicles, from sports cars to Greyhound-type buses; they save time, money and emotional wear and tear and they never have to look for a parking space.

Besides that, they find that pooling is generally pleasant. Poolers form amicable alliances that have nothing to do with job descriptions; in a pool, Hollis said, "there is no pulling rank."

He is a principal administrative analyst in hospital administration, lives in Daly City, and drives one of the 16 vanpools that come to Parnassus Avenue each day from the Peninsula and the East Bay.

The University encourages this and other kinds of pooling, for a number of reasons.

Traffic is almost always heavy in the campus area, and everybody knows how hard it is to find a place to park; even if you do, it can cost a lot. Thus, the fewer cars there are around here, the better.

Those who have joined the pools not only approve of them for themselves, but recommend them to others. Hollis Gray is among these; so are Mert Bali of Montara, a senior museum scientist in charge of the Pathology Museum; Suzanne Myover, Pacifica, administrative assistant in the Department of Pathology, and Anita Pool, assistant to Vice Chancellor Evanoff, who, with her name, couldn't possibly drive alone. She is in a four-member car pool.

Each pool group "tends to become a little together club," Suzanne said. Members seem to sense when nobody feels like talking, or join in when everybody does.

"It's definitely quieter in the morning," she said. "There's much more conversation on Friday nights. On our van we're very congenial — we may talk about recipes, real estate, dogs, gardening, fishing, sailing or hanging wallpaper . . ."

In Hollis' van, he has been called "Batman," ever since he arrived at the stop one morning armed with a long stick. "That was because of a German shepherd who bit me on the hip half way between my home and the bus stop," he said. A matter of more recent conversation has been the fact that three of the 15 riders are pregnant.

Belonging to some car pools means a certain amount of status. Applicants are screened sometimes; those admitted to Anita's had to pledge themselves not to talk about carpool affairs outside the carpool.

And to drive one of the vans, you have to have a Class 2 license — "that's the same kind as the regular Greyhound bus drivers have," Suzanne said.

She has one herself, though she's scarcely five feet tall, a matter that surprised some of the Department of Motor Vehicles people when she showed up to take her qualifying test. Suzanne passed, and now is the backup driver on Mert's van, which is the 7:05 from Montara.

They come into town via Pacifica, picking up such people as Daisy Schultz, a keypunch operator in the Computer Center, and, until she retired, Esther Reynolds, who was an administrative assistant in the same unit.

On Hollis' van, such grave issues as what radio station to listen to en route are settled without delay.

"We have some fans of various stations," he reported. "Dale Flaming, a specialist in physiology who lives in Westlake, likes the classical KKHI music; Carroll Price, he's the campus locksmith, likes punk rock and singing commercials. The driver happens to prefer country music, and as the driver, I maintain that priority. We listen to KNEW."

Anita said that the Marin commuter clubs are generally regarded as the swingers of the pool groups. It is reported that they have celebrations now and then, for example on Friday nights, and the wine may flow . . .

The University, through the Transportation Services office, does everything it can to help poolers get together and maintain the service.

"It's all on the computer, where everyone lives," Anita said.

That's to make it possible for potential ride-sharers to make the necessary connections. You and the person at the next desk may come in at the same time, go home at the same time, and think pooling is a good idea — but if he lives in Fremont and you live in San Mateo, you can't make it work. The computer can find the right people.

Further, the pooling fees can be paid as payroll deductions, except in carpools, where the riders have their own expense-sharing arrangements.

There are three main ride-sharing systems that the University encourages.

- The vanpool program. This started in 1975 with two new 15-passenger vans. Now there are 16 vanpools serving Albany, Berkeley, Oakland, Walnut Creek, Concord, Fremont, Daly City, San Bruno, San Mateo, Belmont, Burlingame, Los Altos and Pacifica. In these, 172 riders commute for an average of 37 round trip miles per day. Four vans will soon be added to the fleet.
- The carpool program. For this, 504 UCSF people have signed up with the Transportation Office, though the precise number of pools actually organized is not a matter of record.
- The Marin-UCSF Commute Club. This is an employee-organized club which started in 1971 and now has 325 members riding on seven runs daily from Marin and Sonoma Counties. These are the big buses that operate from as far away as Santa Rosa, where the first run leaves at 5:50 a.m. and gets to the campus at 7:20.

Then, of course, there are the shuttle bus routes from Parnassus Avenue to the Aldea Married Student Housing, Forest Hill Station, San Francisco General Hospital, the U.S. Public Health Service Hospital and the Veterans Administration Hospital.

The Transportation Office estimates that it costs $1,512 a year for one person, alone in a car, to make a daily roundtrip 30-mile commute. With three others, it costs each one $378 a year, saving $1,134 apiece.

The official brochure outlining the pool arrangements declares:

"Driving alone to work . . . It's a habit that may be hard to break. But carpooling is the simplest, most immediately available means to help solve our nation's energy problems and our dependency upon costly foreign oil."

Interested? All the information is available at the Transportation Office, campus extension 1511.

Millie Wiley

From Star Trek to NASA

When Millie Hughes Wiley set out to try to become one of the first woman astronauts, it was prefectly in character. This was the same person who, as a child, "used to get up at seven on Saturday mornings to watch Rocky Jones, Space Cadet," and, as a teenager, "wouldn't go out on a date on Star Trek night."

The fact that she got to the finals of the 1977 space tryouts was in keeping with all the hopes she has had since she was a little girl. And the fact that she was not one of the few finally chosen does not dampen her spirit:

"To go into something realizing that the odds are against you, still allowing yourself the freedom to try it, is important.

"Many times, people don't try for things because they don't think they'll get them. Allowing yourself to do it is very right.

"You have to try it, or you'll never know."

The tall, brown-haired Millie — a wife, mother and Ph.D. research chemist — seems to have been born to be a scientist, and is one. She is an adjunct assistant professor on the UCSF research faculty, heads the metabolism section of the research group at the Veterans Administration Hospital in San Francisco, and teaches biochemistry during the summer to graduate students at UC Berkeley.

The science bug bit her early, in the small town of Mineral Wells, Texas, where she was born and where childhood television-viewing was actually a positive influence: "I loved science fiction movies as a child — any kind of science fiction."

But television didn't keep books out of her life, and they, too, worked strongly to set her on the scientific path:

"I was an avid reader in elementary school. Among those I read about were Mme. Curie and George Washington Carver, and these two became good hero images for me. Both were scientists, and both overcame obstacles, Carver because he was black and Mme. Curie because she was a woman."

For Millie, in conservative and traditional Texas, being a woman was not exactly an asset. But her father, who ran a grocery store in Mineral Wells, "never let me fall back on the fact that I was a female — I think that helped my image of myself as a person. So I never did have the feeling that the rules I saw applied to women would ever apply to me."

And they didn't. It wasn't quite the thing for Texas women to go to graduate school, but Millie did, after graduating from Tarleton State University at Stephenville, Texas, in 1968. She received her Ph.D. in 1972 from Texas Woman's University at Denton, writing her thesis on "The Polymerization of Normal Hydrocarbons in a Radio Frequency Plasma."

Neither did Texas women continue in school after marrying and becoming mothers, but Millie did. She and Rick Wiley (now a policeman in Tiburon) were married when both were undergraduates in Stephenville, and their daughter Victoria, now 10, was born before they had their bachelor's degrees.

The family came to San Francisco in 1973, when Millie was invited to join the VA research group by Dr. Marvin D. Siperstein, now chief of the VA metabolic section here. They had met at Southwestern Medical School, University of Texas, Dallas, where Millie had her first post-college job and where Dr. Siperstein was a professor of Medicine.

Millie at Fort Miley VA Hospital where she heads the metabolism section of the research group.

To move the family out of Texas meant a change of jobs for husband Rick, too — but this is something the two have always been able to work out. "We've been married 13 years," Millie said. "He's fine. We love each other. We want to make the best of both careers . . ."

In April of 1977, NASA announced a program for recruitment of women astronauts, and Millie thought there wasn't much use in applying, "because I was 31, married, with a child . . .

"But I wanted to try it — I wanted to give myself the opportunity to try for it. This goes back to the child who would get up at seven on Saturday mornings to watch space programs."

It took her a week to fill out the 10 forms that NASA sent in response to her letter. By the June deadline, she learned, there were 8,071 applicants, 1,200 of them women.

"That's when I gave up hope I'd even get an interview," she said. "I quit thinking about it."

Then, in the middle of August, there was a phone call from the selection office in Houston. She was being summoned to the trials.

"We flew down — Rick went with me and we left Tori with her grandmother in Mineral Wells."

And they found it was no tea party. The applicants were subjected to supremely difficult, strenuous, and to the layman terrifying, tests and exercises. As Millie tells it:

"We got in on a Sunday night. They briefed us on what the week would be like. Then we had to start fasting at six o'clock that night.

"The next morning they took us to the testing center in groups of 20; mine had 12 men and eight women.

"They took eight or nine tubes of blood, we dressed and undressed, we took a treadmill test with 20 or 30 electrodes sticking to us and a blood pressure cuff on one arm.

"For the treadmill test, they put this big tube in your mouth, closed your nose, then the treadmill started going. You had to keep your arm up while you walked real fast. I lasted through the next to last gradient . . ."

Millie Wiley in a spacesuit says, "You have to try it, or you'll never know."

Her heartbeat rate was approaching 190 by then — "much too high." But she made it through this and the other tests, most of them pretty hairy — for example, being zipped into a "rescue sphere," a pitch-dark plastic cocoon in which each candidate had to spend about 40 minutes.

Next was an EEG which involved applying "some white stuff" to the candidates' scalps. "After that we had about 10 minutes to change and dress for a reception for the top people at NASA. Most of us still had that gunk in our hair — I think that was part of the stress tests."

This kind of thing, more or less rugged, went on all week — sessions with psychiatrists, several hours of oral examinations by a testing board — "They even asked us what we thought about the Panama Canal and how a woman's husband would handle the fact that she was an astronaut" — personal meetings with such real astronauts as Ed Gibson and John Bean, and "We got to try on the space suits — I guess they weighed at least 50 pounds."

Altogether 200 applicants — 100 pilots, 100 scientists — went through this rigorous process; Millie was one of only 21 women.

Some of the 200 flunked out for medical reasons, but 80 of the scientists, including Millie, made it through the cut. Later there was another phone call: "Are you still interested?" Millie said yes, though she knew that being an astronaut would narrow the scope of her scientific activity.

But finally, in January, 35 were chosen. Sixteen of them were scientists, 19 were pilots. Six were women, 29 men. Millie takes pride that six other women, if not herself, were chosen — a great step forward in itself. And, she said:

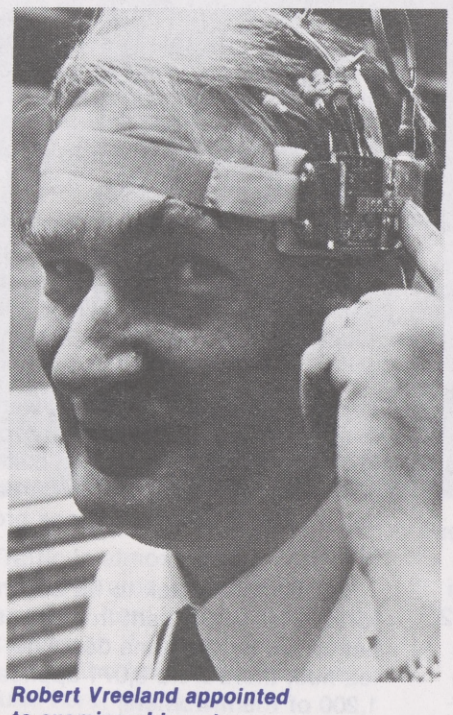
"I think all of us came out of it feeling very good about ourselves. We gave it our best shot. And we had the freedom to try . . ."

HOSPITALS / CLINICS

Vreeland Receives Prestigious Appointment

Robert Vreeland, a clinical engineer, has been designing and modifying medical instrumentation here for the past 23 years. He is the associate development engineer for the Research and Development Lab and was recently honored by an appointment to the Board of Examiners of the Association for the Advancement of Medical Instrumentation. This association is the national certification body for clinical engineers. Mr. Vreeland's term began in March and will expire in 1981. He has done work with heart pacemakers and has built special machines and instruments for medical use, but much of his work in the past 15 years has been with telemeters — radio transmitters that convey brain voltages to detect malfunctioning areas of the brain. Among other uses, these instruments have aided in behavioral studies of disturbed children and have pinpointed neurological centers for epileptic activity.

Mr. Vreeland has published 19 papers on his work, half of which he says are on the subject of telemeters. He is shown here with a six-channel EEG telemeter that locates the center of epileptic seizures.



Robert Vreeland appointed to examiners' board.

Anna Mullins Associate Director

Anna Mullins has been appointed associate director of Nursing Service for Staff Development. Dr. Mullins has served as assistant director of Nursing service since April 1977. Prior to that she was a clinical nurse IV on the Pediatric Service. In her new position she directs the activities of the staff in the development of quality education programs that fulfill the learning needs of the nursing staff.

Anna Mullins

Respiratory Therapy Gets New Manager

Maureen Rich is the new manager of the Respiratory Therapy Department. She replaces Leon Wilson, who has become the department's business manager. Ms. Rich began in her new position in March. She was previously director of Respiratory Therapy at the St. Francis Medical Center in Peoria, Illinois.

SFGH

Northern California Sickle Cell Center Formed

Many existing patient care, education and research Sickle Cell programs have been brought together to form the Northern California Sickle Cell Center, which is funded for five years for more than $4 million by a grant to UCSF from the National Institutes of Health.

Principal components of the Sickle Cell Center are:

- administrative offices and the core patient care, counseling, and education program of the Center for the West Bay at SFGH Medical Center;
- a similar core patient care, counseling, and education program for the East Bay at Children's Hospital Medical Center of the East Bay, Oakland;
- a patient ombudsman program, conducted by Sickle Cell Anemia Research and Education, Inc. (SCARE);
- an educational program for Bay Area public schools and community groups, conducted by the Student National Medical Association (staffed largely by Bay Area Black medical and nursing students including those at UCSF); and
- research programs at UCSF, SFGH, CHMC of the East Bay, the Veterans' Administration Hospital, San Francisco, and the Institutes of Medical Sciences of Pacific Medical Center.

Sickle Cell nurse counselor Cathleen Sullivan; Eugenia Stevenson, 8, patient; and William C. Mentzer, associate professor Pediatrics and Laboratory Medicine, and chief of Pediatric Hematology at SFGH. Dr. Mentzer is project director of the Northern California Sickle Cell Center.

William C. Mentzer, M.D., UCSF associate professor of Pediatrics and Laboratory Medicine, and chief of Pediatric Hematology, SFGH, is project director. Bertram H. Lubin, M.D., chief of Hematology-Oncology, CHMC of the East Bay and UCSF associate clinical professor of Pediatrics is project co-director.

For information about the services and programs of the Sickle Cell Center, call 565-8509. In Oakland call 656-5600, ext. 372.

Patient Education

SFGH Departments needing help in developing or promoting patient education programs are invited to contact Milt Shaw, media coordinator, an employee of the Dean's Office. He can be reached at 565-8100.

Training Program for Older Adults

UCSF has been awarded a grant by the San Francisco Commission on the Aging to conduct a four-month training project from March to June that will provide information and techniques for peer counseling to older adults — volunteers and staff — who are service providers for other older adults.

Ten social service programs in San Francisco have been chosen as sites for the two-day workshops called "The Helping Relationship: A Training Program for Older Adults."

UCSF program facilitator Lawrence J. Weiss, a psychologist and gerontologist who has been affiliated with the University's Program on Human Development and Aging, has designed a training package that will help older adult service providers improve their helping skills in the areas of understanding, comfort and crisis through the enhancement of listening and communication skills, as well as to offer solutions to common problems encountered by older adults — including financial management, insurance and welfare — and broaden their knowledge of available resources in San Francisco.

UCSF received $16,218 to conduct this project, and was selected by the Aging Commission because of the visibility it has gained in the City through the Community Health Education Program. This program, directed by Linda Civitello, also coordinator of the peer counseling project, sends volunteer health professionals to speak in more than 25 different programs about health issues relevant to older adults. A thousand older people per month are served by this program.

The peer counseling program will also involve professionals as training consultants: Joan Dunkel and John De Mello from the Department of Social Work, Beatrice Schiffman, director of the regional office of the National Council on Aging, and others.

The 10 sessions, with an estimated 150 participants, will be videotaped for in-service training use in other programs.

SCHOOL OF MEDICINE

Recycling Useable Items

Five or six years ago Warren Eveleth, secretary to Girish Vyas and successful collector of recyclable items, responded to what started as a lark on a fishing trip:

"The boys wanted money for a coke. Somebody said, 'Go out and collect cans for it.' We did and it's in my blood now," he said.

In the beginning he operated a small vehicle as he went around collecting newspapers, glass bottles, aluminum cans and other items. "Now," he says, "I drive a half ton pickup."

Is collecting recyclable items really profitable? "Yes," says Warren. "I took a 12,000-mile trip during a five-week vacation last year using only the money I make from selling recyclables."

And he practices what he preaches. He wears recycled clothes, patches up discarded shoes, and offers as an incentive to those who are not in the habit of saving recyclable articles the obvious ecological advantages in not discarding things that can be used again.

He collects recyclables.

What can be recycled? Computer paper, corrugated boxes (with the ripple between two flat pieces of cardboard), useable old clothing, newspapers, glass bottles, and aluminum cans. Pick up or delivery arrangements can be made with Warren. Call him at ext. 4678, or in the evening at 755-8835.

Cancer Screening

"Target: Colonscreen" — a citywide plan to screen San Franciscans over 40 for the most common form of internal cancer — cancer of the colon and rectum — will be conducted Friday and Saturday, June 2 and 3.

The three hospitals taking part are San Francisco General, Children's and St. Luke's. Sponsors of the screening are the American Cancer Society and the San Francisco Department of Public Health.

This free procedure has the potential of saving approximately 75-100 lives in San Francisco alone, according to Dr. Merrill Bronstein, public education chairman of the San Francisco Unit of the Cancer Society. He adds that colon cancer will strike 102,000 Americans this year and claim about 52,000 lives.

San Franciscans who are interested in participating in this program are asked to call 673-7979.

T Shirts

Bright yellow T shirts displaying the SFGH insignia in bold burnt orange letters are being sold by the Personnel Committee, representing employees and staff of the Medical Center. Part of the proceeds will benefit the sports program and other employee activities. To buy a T shirt see Jane Vance, UCSF representative on the Personnel Committee, or Ronie Green, both in the Dean's Office, Rm. 2A-10, SFGH.

LPI/ PSYCHIATRY

DMH First of its Kind

Four pioneers in the development of a new strategy for the training of professionals in mental health will graduate in June from UCSF. The degree they will each receive, the Doctorate in Mental Health (DMH), is the first of its kind to be awarded anywhere.

The 41 student pioneers enrolled in the new program, which also includes UC-Berkeley and the Mount Zion Hospital Medical Center, have risked years of effort with no guarantee of either a degree or licensure. Other than faith, enthusiasm and an interest in aiding humanity, what has motivated these students to risk five years of effort in an uncharted medical territory?

"The uniqueness of the program," claims 28 year-old Amanda Hamilton. Now in her first year at LPI (the third year of the program), the Boston native says she started with an interest in city planning, the way people live, and the environmental factors that shape their lifestyles. Ms. Hamilton's experience as co-director of the Community Psychiatry Training Program of Boston University Medical School sparked her desire to become more involved with the clinical side of urban living.

Unlike the program pursued by those desiring a Ph.D. degree, this new course of study emphasizes clinical work and not individual research leading to an academic thesis. Also, the DMH students differ from medical students who go on to specialize in psychiatry in that their career goals focus more on work in the public sector.

Amanda Hamilton

Graduates of the new program have completed a curriculum combining work in the biological, psychological and social sciences. They are distinguished by their ability to synthesize and apply studies of the mental sciences, psychology, sociology, anthropology, and the basic medical sciences.

"What many psychiatrists don't realize, and what often frustrates them, is that the most valuable portion of the consultation is not always conducted in an office," says Ms. Hamilton, who is Black, and has an interest in investigating how Black people define health and disease. "The really important psychotherapeutic connection can take place while the client is hanging up clothes in the backyard or in the living room while the TV blares away. Community medicine involves you with a network of people. You'll probably treat cousins, lovers and friends."

Dr. Robert S. Wallerstein, chairman of the Department of Psychiatry, and one of the DMH Program developers, adds that the need for this new field has, in part, been created by the medical profession itself. "In the last two years, the percentage of medical school graduates going into psychiatry has fallen from nine to four percent," he says.

He describes the DMH program as, "nothing less than a revolutionary, wholly new profession, born without history, tradition or established practice or ethic. But," he adds, "the new graduates face the additional major challenge of having to win ready public acknowledgement, understanding, and the licensing and other legal protection available to other health professionals."

The DMH program was developed under Dr. Wallerstein's leadership on a model proposed by Lawrence Kubie, M.D. in the early 1950's. At UC-Berkeley, the pre-clinical program is led by Ronald Elson, M.D., lecturer in the health and medical sciences program; and at Mount Zion and UCSF the clinical program is under the direction of Leon R. Wanerman, M.D., associate clinical professor of Psychiatry.

The program has been supported by the Commonwealth Fund, the Henry J. Kaiser Family Foundation, the San Francisco Foundation and the Maurice Falk Family Fund.

UCSF GAZETTE

SCHOOL OF NURSING

Students Go to Sacramento

Twenty-five graduate students went to Sacramento recently to confer with state legislators and to observe the legislative process.

The students, all enrolled in a graduate course on legislative processes and strategies, prepared position papers for Governor Brown and state assemblymen in support of Medi Cal reimbursement for abortion and AB 1279, the nursing home reform bill introduced by Assemblyman Art Agnos.

A meeting was held with Agnos and Assemblymen Tom Bates and Gordon Duffy.

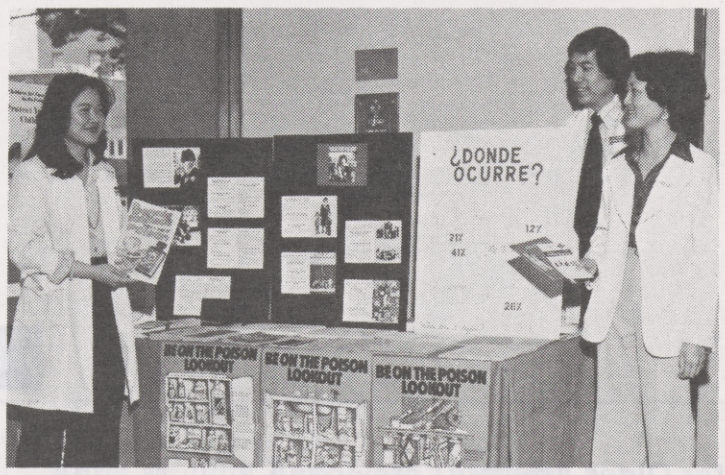
The day in Sacramento gave the students an opportunity to experience firsthand the art of lobbying. In their course, taught by Karen E. Claus, Ph.D., they learn the difference between day-to-day lobbying done by professionals who are on the scene, and conceptual lobbying, or planning long-term strategies that affect policy, which is emphasized in the course.

The students are an independent group who choose their own issues, and do not officially represent the School of Nursing. They have, in the five years that the course has been taught, been effective agents of change in their areas of concern. A recent example of the effectiveness of their lobbying efforts is the seating of a nurse on the local board of the Health Systems Agency, where previously no nurse had been a member.

"The students are a political force, educated at the master's level, and aware of laws that govern their practice," said Dr. Claus.

Nursing students (l-r) Christine Sorenson, Renee McLeod and Jackie Morrill chat with instructor Karen Claus and visiting lecturer Jean Moorhead, R.N., legislative representative for the California Nurses' Association.

SCHOOL OF PHARMACY



Poison Prevention Exhibit

An estimated one million poisonings occur in the United States each year. Of those poisoned accidentally, 77.4 percent are children under five years of age. More two year-olds are poisoned than any other age group.

To promote public awareness of this major health problem, students and faculty of the School of Pharmacy recently staffed special exhibits in the outpatient departments both on the UCSF campus and at San Francisco General Hospital during National Poison Prevention Week. Informational materials distributed at SFGH were available in Spanish and Cantonese as well as in English.

SCHOOL OF DENTISTRY

Carl Regli Appointed Chairman Restorative Dentistry

Carl Regli has been appointed chairman of the Department of Restorative Dentistry. He has been serving as interim chairman since last June.

Dr. Regli is a graduate of the School of Dentistry. Since 1964 he has served as chairman of the Division of Prosthodontics.

AUXILIARY/VOLUNTEERS

Hanging the sign at Bear-ly New.

Bear-ly New Gets Sign

Bear-ly New, the Auxiliary thrift shop, recently acquired its sign. Standing on the ladder is Betty Sooy, Auxiliary member and wife of Chancellor Sooy, who designed the shop's sign. It is modeled after the Bufano statue of the same design which is located on campus. Steadying the ladder are Hans Roeben of the school's Physical Plant Department, who made the sign, and Dora Mustacchi, Auxiliary executive vice president.

Bearly-New features new merchandise from some of the City's finest stores, and almost new designer fashions as well as household and other items. Proceeds for shop sales are used to provide amenities for patients. Volunteers are needed to work in the shop. Call ext. 4906 for information. The shop is open from 10-5 Monday through Saturday at 2512 Clement Street.

Summer Student Volunteers

Plans are now underway in the Volunteer Services office for a summer student volunteer program. Because of the increasing number of students requesting volunteer placement during the summer months, there will be a special program to utilize their services in patient care areas. Those interested students, age 16 through the university graduate level, who are able to work a minimum of 12 hours per week from June 21 through August, call the Volunteer office at ext. 1196 for further information.

"Potpourri V," the fifth annual Auxiliary musicale, raised nearly $3,000 for patient needs. The Auxiliary has adopted as a fund raising project for the next year the newly planned special care unit for critically ill newborn infants. Shown here are Peter Ostwald, professor of Psychiatry, playing the violin; his wife, Lise Ostwald on piano; and Jim Deutsch, research scientist, Department of Biochemistry, cello.

The UCSF Journal, a publication of the University of California, San Francisco,
1475 Fourth Ave., SF, Ca. 94143, (415) 666-2557
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'Puppet Therapy' for Children Patients

Little Anthony Garcia puts the oxygen mask over the puppet's face and straightens her on the miniature operating bed. When the puppet is fast asleep, Anthony helps the nurse and the anesthesiologist puppets move the tiny patient to a little recovery room bed, steadying the tiny IV bottle on its rack.

The puppets are therapists in a treatment program aimed at lessening children's fears when admitted to the hospital for surgery. Like Anthony, children admitted to Moffitt Hospital are given puppet therapy — a personal evening show staged on their beds by a hospital volunteer in which puppets act out the events surrounding the next morning's surgery.

These and other familiarization programs in hospitals across the country are indicators of a trend over the last decade to help children adjust to their hospitalization, says Moffitt Hospital Recreational Therapist Marilyn Boatwright.

She notes that the children become more at ease when they can play with the odd equipment and act out the roles of doctor or nurse.

"It gives them a chance to voice fears they might not admit in a more formal atmosphere," she said.

The action and script of each brief play consists of all events that take place while the child is awake. The first act opens as the green-robed surgery nurse awakens the puppet in the morning and explains why the puppet can't have breakfast. According to volunteer Kathleen Scadden, at this point in a play one of her audience piped up, "I know why the puppet can't eat, because it might upset her stomach!"

The puppet is then wheeled to surgery where a mini-anesthesiologist explains how the puppet will go to sleep. Act two begins as the puppet wakes up in the recovery room, perhaps with an IV, bandages, or other special equipment particular to each child's type of surgery.

The program is handled by five volunteers, each of whom gives therapy one evening, Sunday through Thursday, for children from three to 13, depending on their need and ability to comprehend, according to Pat Stich, chairperson of the puppet therapy program.

An unusual variation at UCSF is the counseling given to children coming for cardiac catheterization (a procedure for taking a movie-like heart x-ray). In this test, a flexible catheter is threaded through a vein in the groin up to the heart. Once the catheter is inside the heart, cardiac pressures can be monitored and a dye injected through it. While the dye is injected, rapid x-ray pictures of the heart's anatomy and blood flow are taken.

A cardiac cath nurse explains this delicate two to three-hour procedure to the child and parents, demonstrating with a Raggedy Ann doll or stuffed bear and paper surgical cap, mask and gloves that the child can play with. Special "Heart Test" coloring books have been printed and are presented to each child. They picture the child's stay in the pediatrics ward, the heart test lab and procedure, and labeled diagrams of the heart and body.

According to cardiac cath nurse Mary Ellen Saunders, this time spent with the family often relieves the parents' anxiety as well as the child's.

Puppet therapy originated almost 10 years ago at Children's Memorial Hospital in Chicago as part of a Ph.D. thesis in psychology.

A surgery puppet show for Anthony Garcia, given by Patricia Stich, chairperson of the Puppet Therapy Program.

Pediatric heart patient Michael listens to Nurse Technician Sarah Hudson explain testing that he will receive. His parents, Mr. and Mrs. James I. Warren look on.

HELP YOURSELF — OR SOMEBODY ELSE!

☐ Education, support, information and advice are available to parents through these three separate programs:

The San Francisco Community College District is sponsoring a lecture series on issues of concern to parents. These include "Choosing a Kindergarten," "How to Evaluate TV Programs," "Anger and Discipline," and " Assertiveness Training — for Adults and Children." These classes are free to San Francisco residents. They are held at eight different locations the second week of each month. For information call 346-2246 or write to the Parent Education Program, San Francisco Community College District, 1860 Hayes, San Francisco.

The Parkside Counseling Center, a unit of District V Community Mental Health Services, has an evening parents' group and a daytime mothers' support group. Emphasis is on understanding communication patterns in families. Fees are on a sliding scale and child care is provided. Further information can be obtained by calling Diane Pickett or Margaret Stroad at 665-7122 or writing to 1433 Taraval Street.

Mt. Zion Hospital has a Warm Line at 931-WARM to provide consultation to parents of infants to age six. No medical advice is given. Problems in early childrearing are discussed. Callers can be seen by appointment for short-term counseling services. Groups for mothers and toddlers, parent couples and single parents are available. The drop-in center is at 540 Arguello Blvd.

☐ Information booklets on unemployment insurance are available from the Personnel Department, 64 U. The booklets explain employees' rights and responsibilities when claiming unemployment insurance benefits.

☐ The Department of Continuing Education at the University of San Francisco is offering degree programs designed to meet adult needs, with college credit for learning acquired through experiences. Course hours are flexible, to minimize time lost from the job. An experienced faculty presents the material in seminars, and individual study projects are designed. For information contact Larry Nager at 666-6254.

☐ University-sponsored automobile insurance is available to the staff and faculty through the California Casualty Company. Our representative is Dennis Fong who can be reached in his San Mateo office by calling collect 574-4000.

☐ The State Department of Education is sponsoring the California Search and Serve program to identify, locate and screen all individuals in the state from birth to age 21 who are in need of special education services. Public Law 94-142 mandates that free, appropriate public education must be made available to all children ages three-18 with handicapping conditions by September 1, 1978. If you know of a handicapped youth — someone with learning disabilities, emotional problems, mental retardation, deafness or hearing impairment, with speech or language problems, blindness, physical or orthopedic handicaps, or with other severe health problems — call toll free 800-982-5757. All calls will be confidential.

☐ Discount family memberships are being offered to UCSF employees by the California State Parks Foundation. A day-use pass, good in some 200 state parks is a membership benefit and helps with camping reservations at all of the camping sites. Forms are available on the lower level of the SSB lobby.

Energy

Nat Garibaldi, (right) manager of the Physical Plant, and Guy LeBreton, assistant manager, look over the blueprints for the modification of the new School of Dentistry. Below, Dr. Harvey Patt, head of the campus Energy Conservation Committee, points to energy-saving skylight in the Radiobiology Laboratory building.

(Continued from Page 1)

How does the committee propose to bring this about?

"First, to educate the people that there is no longer an abundant supply of energy . . . to make people aware of the need to conserve."

The first effort will be to recruit people into the cause. Not people to serve as wardens or monitors, but to take the lead in saving — the people who will remember to turn off the lights when they leave at night, who won't leave electric heaters burning in empty rooms.

From these, the word should spread, until wasting energy becomes as much a matter of public disapproval as washing the car with a running hose was during the drought.

So, what is there that the individual UCSF person can do? Can enough be saved by doing little things to make it worthwhile?

Yes, indeed, Dr. Patt said — just as millions of gallons of water were saved during the dry spell because all of us did little things like not letting the water run while we brushed our teeth.

- Avoid overheating. Keep thermostats set at a reasonable point, perhaps 68 degrees.
- Turn off lights which are not essential; turn off equipment when it is not in use.
- Schedule lab work requiring high energy for off-peak hours wherever possible, or at least before 11 a.m. and after 3.

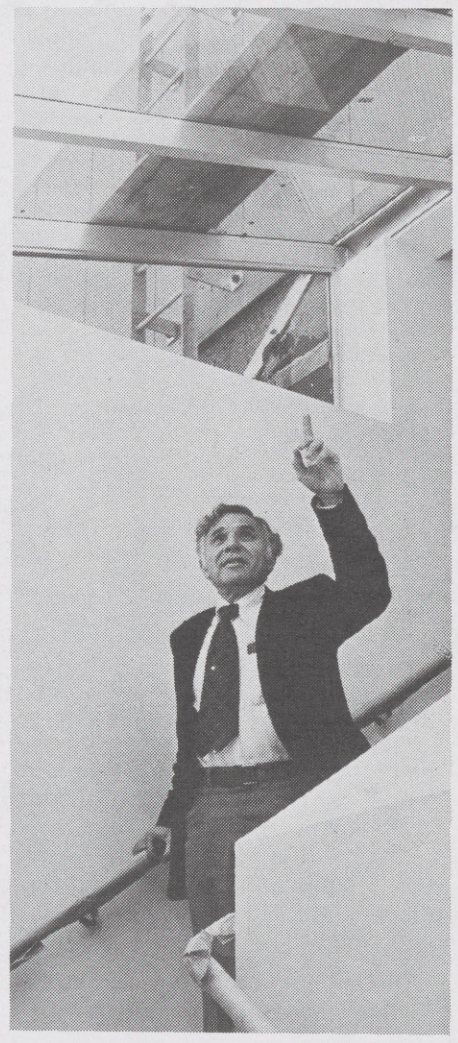
The Physical Plant Department has long since taken some major steps — turning off or reducing daytime lighting in certain corridors, reducing lighting levels in some areas, shutting down some heating and ventilating systems after normal working hours, disconnecting refrigeration to drinking fountains. Other moves are being studied, such as shutting down the escalator in the Nursing School Building, reduction or elimination of hot water service to some rest rooms, reduction of exterior lighting where security is not a problem.

At a place like UCSF, there won't be much choice in case of real crisis. Certainly nobody is going to reduce or shut off power in the hospitals, but other activities may well face a reduction in services.

The committee hopes the campus community will mean business about this — because it has to mean business.

Energy Committee Members

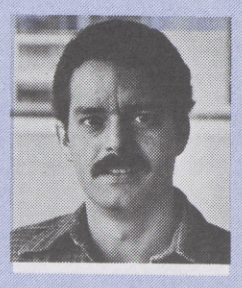
Campus and community members of the Energy and Resource Conservation Committee are: Mark Diaz, executive director of ASUC; Carolyn Koster, president of the Staff Employee Council; Robert J. LaPointe, special assistant to the associate vice chancellor; Francie Petrocelli, special assistant to the Chancellor; Michela Reichman, director of News Services and Publications; Anthony G. Wagner, assistant to the director, Hospitals and Clinics; James Wiczai, administrator, Ambulatory Care Center; Carolyn Jacobson, administrative assistant, Dean's Office, School of Medicine; Reynold Brown, director, Environmental Health and Safety; David S. Layne, director, Facilities Development; Charles Sweeny, assistant director, Hospital Facilities Planning; Guy LeBreton, assistant manager, Physical Plant; Cormac J. Brady, Department of Public Works; Patrick J. Phillips, San Francisco Public Utilities Commission; Al E. Tanner, Department of Public Works; Gloria Vollmayer, Haight Ashbury Improvement Association; Evelyn Wilson, Sunset-Parkside Education and Action; David Waterworth, Pacific Gas and Electric Company.



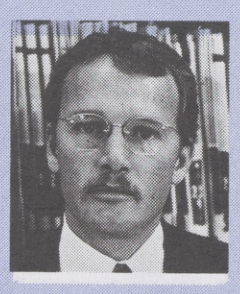
MOVING AHEAD

Joan Foss has been promoted to clinical supervisor. She has worked as a staff nurse in the Moffitt post anesthesia room since coming to UCSF in January of 1977. As clinical supervisor, she instructs a course specially funded by HEW entitled, "Emergency Nurse Training." This three-month course provides training and experience in trauma emergency situations at San Francisco General's Mission Emergency Room, for nurses from rural community hospitals.

Orestes Inguanzo is now an administrative assistant II in the Department of Pathology. He came to UCSF in September 1976, and worked until the recent promotion as a secretary in the School of Nursing's Department of Family Health Care Nursing. He has been active on campus with the child care committee and is a member of the *Journal* editorial board.



Justin Moss, a University employee since 1970, transferred earlier this year from the Santa Barbara campus where he was a library assistant IV to our Department of Radiology where he is director of film libraries. As a management services officer he directs the storing and circulation of x-ray film.



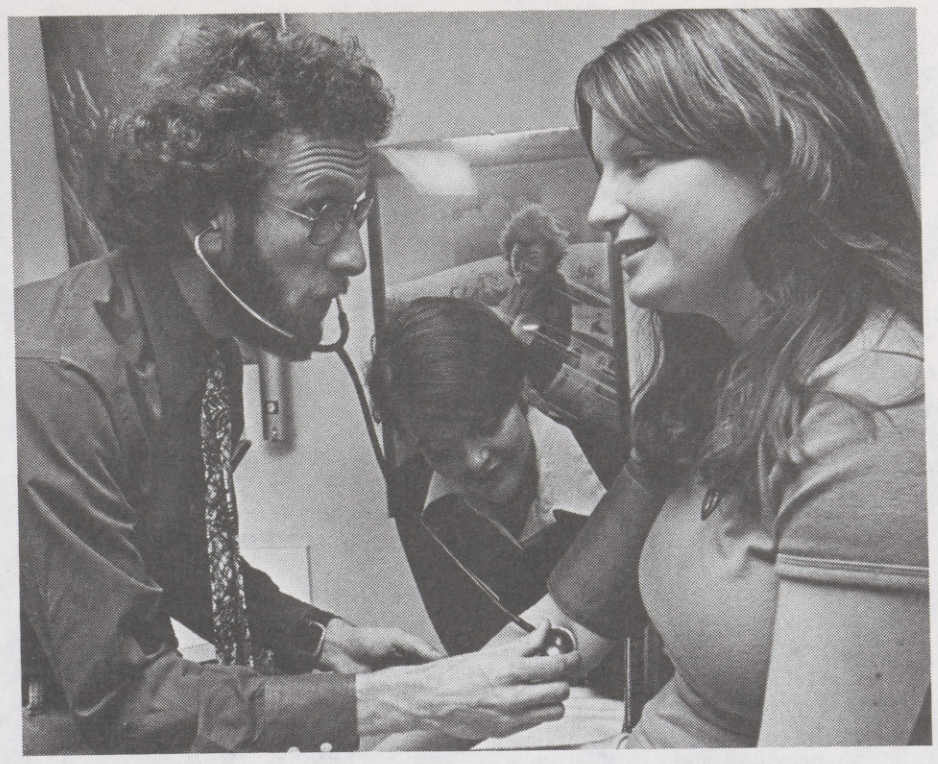
The following employees were recently promoted.

Laura Jane Beausoleil	Gen Medicine
Ellen Buoncristiani	S/Pharm
Carol Carr	LPI
Sylvia Dealba	CVRI
Carol Field	CVRI
Tomi Gottschall	MR: Neurology
Carol Hernandez	UH-Lab-Chemistry
Peggy Kornegger	OB/GYN
Narci Legaspi	Accounting
Apolinario Madayag	Physio Res Fac
F. Kirby Maples	UH-Nursing Unit Mgr
Barbara Mardules	VC-Per & Student Serv
Steve Ordway	Library
David Pitchford	LPI-Research Projects
Jan Stites	Clin Lab-SFGH

The following nurses were recently promoted.

Sue Armitage	CCN I 6E
Paula Bell	CCN I 11N/S
Chris Brill	CCN I 6E
Valerie Briscoe	Head Nurse I ICN
Leslie Cagle	CCN I CCU
Barbara Crays	CCN I 6E
Sharon Davis	CCN II CCU
Linda Dillin	CCN I ICU
Linda Haller	SSN ICN
Linda Hughes	Head Nurse II 15ICN
Jennifer Jacoby	CCN IV ICU
Linda Jensen	CCN II ICU
Kathy Martin	CCN II ICU
Deborah Markey	CCN II CCU
Philip Padrid	CCN II CCU
Anne Rowe	CCN I 6N/S
Kathleen Shiring	CCN I 6E
Marianne Smith	CCN II ICU
Barbara Stevens	CCN II ICU
Diane Toolson	CCN I 6 PSCU
Virginia Wilderotten	SSN 14
Debbie Wills Mes	SSN 15
Betty Wimberly	Head Nurse 10N/S
Judy Zararias	CCN II ICU

Teens Need More Than Medicine



Director of the Adolescent Health Service Charles E. Irwin examines teenage patient Emilie Glover. Pediatric Nurse Practitioner Marion A. Mills records Emilie's blood pressure.

Until this year, she was a trim, little girl, now she looms over her classmates and worries about being overweight.

He's leaped from being a well-coordinated Little Leaguer to a gangling teenager with acne.

Both fret about stepped-up hormonal production that has changed them, both physically and emotionally. They've also grown more aware of their sexual identities. In short, they are no longer children, but not quite adults either.

"The first thing we do is assure them that their physiological and emotional changes are normal," says Charels E. Irwin, M.D., who heads the Adolescent Program in the Department of Pediatrics. "Teenagers have a hard time defining just what is normal because of the changes they've experienced in just a short time."

The Department of Health, Education and Welfare has given Dr. Irwin a $247,900 grant, renewable next year, to train physicians and nurses in the complex health care needs of teenagers. The new grant, one of five awarded to U.S. medical institutions, will combine the services of pediatricians, child psychiatrists and psychologists, social workers, nutritionists, and pediatric and maternity nurse practitioners.

At the same time, pediatric interns and residents at the clinic will continue to conduct routine physical exams for adolescent patients, referring them to other medical specialists, such as endocrinologists, nephrologists, and the like, when needed.

The new range of services will offer several benefits to teenage patients:

- help deal with their emotional problems as they relate to physical ones;
- encourage them to play an active role in their own health care; and
- teach them how to use the health care system.

Joe, a high school senior, seen in the Adolescent Program, had lost 25 pounds in only a few months, for no apparent reason. He also had become depressed. A physical examination failed to show anything wrong. "There's no limit to the number of tests we could have ordered. Instead we looked at what was going on in his life," says Dr. Irwin.

Joe had suffered a football injury that had benched him early in the season. He feared it would jeopardize his chance to receive a college football scholarship. Soon after the injury, he began to lose weight and slip academically.

Joe was given short-term counseling which helped him work through his depression. Sarah Washington, a counselor in the Adolescent School Program, jointly sponsored by UCSF and the San Francisco Unified School District, convinced his teachers to retest him. He has regained much of his weight and has returned to being a good student, according to Dr. Irwin. "Teenagers tend to show stress and concern about what's going on in their lives through their bodies," says Dr. Irwin, a UCSF assistant professor of pediatrics. "A younger child would probably act up."

"It's not enough to give only medication to an adolescent who has a medical problem," says Dr. Irwin. "Often, it doesn't clear up the condition, and he or she has to return again." Says Dr. Irwin, "The health professional who works with teenagers asks himself: 'Why is this patient coming to me at this time? Has his condition stopped him from doing things, such as dating or going out with friends? Has he tried to help himself by using over-the-counter remedies? Are there emotional difficulties at home or school?' Sometimes individual or family counseling is suggested."

A teenager under stress also might express it the same way as a parent, he points out. "If one parent gets a headache after a family argument, so might the adolescent." The physical symptom might also be an unconscious imitation of a parent's ailment. One boy developed chest pains after his father suffered a heart attack.

The tendency to show stress through the body begins in adolescence and continues through adulthood, says Dr. Irwin. "It's generally not acceptable to say: 'I'm under stress, I think I'll take a nap or go to a movie.' You have to get a headache or a stomachache to certify the fact you're feeling stress. We're trying to take a more humanistic approach to encourage adolescents to be aware of the way they show stress."

The idea for the program stems partly from a project Dr. Irwin initiated as a Robert Wood Johnson clinical scholar. The Clinical Scholar Program trains physicians in the social sciences to enhance their ability to develop health care services and training programs that will meet the complex needs of the community. Dr. Irwin worked with several hundred teenagers from San Francisco public schools using individual contracts to help solve various health problems each wanted to solve, such as acne, overweight, insomnia, depression and anxiety, or difficulties related to home or school life.

To Our Readers

Two years ago the Chancellor and the Chancellor's Council approved a proposal to improve communication and the flow of information on and off campus by developing a few different publications for specially targeted populations.

For example, this publication, the *Journal* is for all personnel who work at UCSF (including Fort Miley VA Hospital, San Francisco General Hospital Medical Center, the U.S. Public Health Service, and Far West Labs) be they faculty, house staff, students or employees. Anita Pool is chairperson of the *Journal's* Employee Editorial Advisory Committee and Jini Robinson of News Services is editor. The *Journal* is published every other month. Our aim is to tell the story of all departments and units in the words of the people who work here.

The *Today-Tomorrow* calendar is just that — a calendar of events, rounds and conferences — and goes to departments (not individuals) for posting. It contains official campus news, appointments and announcements. Allen Balderson of News Services is responsible for *Today-Tomorrow* as well as for another newsletter-calendar, *To Our Neighbors,* which goes, every other month, to the people who live in our immediate neighborhood.

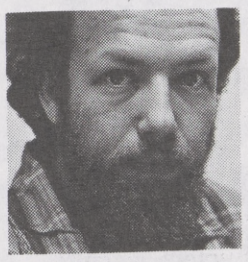
This month we are bringing out the first issue of a new publication, the *UCSF Magazine,* which is primarily directed to the external community of donors, alumni, clinical faculty, friends of the campus, legislators and opinion makers. Faculty and some other individuals on campus will also receive it. It will be published three times a year. Joel Gurin of News Services is co-editor.

Synapse, as you know is a completely independent student paper, and the Staff Employee Council publishes the *SEC Newsletter* which is addressed to employment matters.

In addition to these publications, Jini Robinson, Joel Gurin and the other News Service staff — Sanna Craig, and Claire Wray (at SFGH), have responsibility of dealing with the press and media. This campus, SFGH, and Fort Miley VA are divided into "beats" which they cover. Please feel free to come to them or to me with any developments you think might make a good "story" for the press or for any of these publications.

—Michela Reichman, Director
News Services and Publications

Anita Pool



Joel Gurin

Jini Robinson

Sanna Craig

Allen Balderson

Claire Wray

Social Security Benefits

Amendments in the disbursement of Social Security benefits have recently been made which affect the majority of the staff and faculty members on campus.

There is a substantial increase, reaching 100 percent by 1982, in the amount a 65 year-old beneficiary can earn, as well as progressively adjusted income for those under 65.

- Social Security benefits that are payable to spouses and surviving spouses are now to be reduced by the amount of any public retirement benefit payable to the spouse based on his or her own work in public employment not covered by Social Security. Persons who are eligible to start receiving pensions before November 1982 will not have a reduction in their Social Security benefit. These persons must qualify as dependents or survivors, as defined by Social Security provisions in effect on January 1, 1977.
- Beginning next year, remarriage of widows or widowers after 60 will no longer cause a benefit reduction.
- The length of time that a person must be married to the worker in order to qualify for benefits has been reduced from 20 to 10 years.
- A new benefit formula, designed to maintain a constant ratio between benefits and final earnings, will be used, starting in January 1979, to calculate benefits for those who reach 62 by then and thereafter.
- The new legislation will increase the tax rate paid by employers and employees, as well as the taxable wage base.
- Extra credit — a percentage increase in benefit — for delaying retirement beyond the age of 65 is raised from one to three percent for each year to age 72. This applies only to employees who reach 62 in 1979 or later. For further information contact your local Social Security office.

A magnolia tree was planted in Saunders Court in memory of Regina Warkus Tileston, a fourth-year medical student who was killed last December in an automobile accident. Three of her classmates spoke at the memorial service. They are (l-r) Donna Foliart, Jessica Fewkes and Judith Lamberti.

Breaking Ground

Preschool age children with colorful balloons and a large shovel recently broke the ground for the campus child care and study center. The center is scheduled to open in September for 54 children — 10 more than planned — with extra space and additional costs. Donations of time to help with painting and carpeting, and of money are needed. Contact Carol Hardgrove at ext. 4558. Anyone interested in placing a child's name on the waiting list may do so by calling Erica Waidley at ext. 1675.

Four year-old Ramona, daughter of Child Care Committee member Carmen Arbona, helps break the ground for the Child Care and Study Center.

NEWS BRIEFS

United Way Contribution

During the 1977 United Way campaign, 2,382 employees, or 39 percent of 6,126 employees on campus donated $81,287.24. This compares to 46 percent employee participation in 1976 when 2,819 of the 6,093 employees donated $91,822.19.

Tom Gwyn, director of Public Service Programs says this year's substantial decline in donors and the amount given is a great disappointment. "Bad publicity directed at United Way during the time of the campaign raised the level of criticism against the organization and had a negative effect on potential campus donors," Gwyn said. "This year we will have to take a serious look at our campus' approach to its local campaign to determine our course of action. But," he added, "I take little comfort in bad publicity as an excuse for not giving to an important charitable activity in the Bay Area."

Blood Donation

School of Medicine students topped the other schools for the second time by donating 38 units of blood during the February 27 campus blood drive. The total number of donations was 190 units, 50 units more than were received in December. Pharmacy placed second with 29 units; Nursing third with 16; and Dentistry fourth with 11 units. A donation of $200 from ASUCSF was divided into four prizes of $50 and awarded to the class in each school whose students donated the highest percentage of blood units. The winners were: Physical Therapy, School of Medicine, first place; first year class, School of Pharmacy, second; first and second year classes, School of Nursing, tied for third; and first year class, School of Dentistry, fourth place. The next Blood Donation Day on campus will be on Tuesday, May 23.

Personal Safety

Personal safety is everyone's concern. Recent incidents of crime on campus have made us more aware of potentially dangerous situations. Often our level of awareness of ourselves, our responses, and of our surroundings can prevent us from becoming unsuspecting victims of crime.

The Training and Management Development Department, the campus Police Department, faculty and staff of the School of Nursing, and concerned students have developed a Personal Safety Program, specially funded by the Chancellor's Office, to teach safety awareness and assault prevention techniques to interested members of the campus community.

"Our aim is to focus on preventing personal assault on women and men," said Joan Edmondson. "There are many excellent programs in the Bay Area which teach physical self defense techniques. However, in working with Lt. Michell of the UCSF Police Department, and other experts on this topic, we felt a greater service could be done for us all if we could concentrate on preventing the crime or assault." She added, "There has been overwhelming enthusiasm and support for our proposed prevention program already."

Ms. Edmondson, acting head of the Training and Management Development Department, said the Chancellor's Office agreed to fund the Personal Safety Program less than 24 hours after being presented with the proposal. The funded program calls for 10 three-hour workshops: five repeat sessions on awareness, and five repeat sessions on practice. Each awareness class will be able to accommodate up to 100 people; each practice session, 25 to 30 people.

Beth Doolittle of the Marin Rape Crisis Center will teach the courses. Ms. Doolittle was trained by Robert Barthol, former FBI agent, who teaches basic self defense tactics to law enforcement cadets at Chabot College. She has taught self defense classes in Marin, San Francisco and Oakland for the past three years, and has been a consultant to Queen's Bench Foundation.

Workshop topics will focus on safety on the job, at home, in the car, and on the street. Among the questions that will be asked and answered are: "How do you take care of your children if someone comes in your home?" "What do you do if you drive home and someone suspicious is waiting at your door? Will you get out and confront the person or drive on? Where will you go?" Women, who are victimized more than men, possibly because of their training to be polite, helpful and non-aggressive, will closely examine their responses to various situations and learn to be more attentive to their suspicions.

Planners of the Personal Safety Program are Joan Edmondson and Jan Buchanan of the Training and Management Development Department; Grace Davis, assistant dean, School of Nursing; Rebecca Partridge, assistant specialist, School of Nursing; Catherine Warshaw and Cathy Dowd, students; Beth Doolittle, Marin Rape Crisis Center; and Lt. Michael Michell, UCSF Police Department.

These workshops are free of charge and open to all women and men of the campus community. Awareness sessions are scheduled from 4-7 p.m., as follows: Tuesday, May 16 (HSW 301); Wednesday, May 31 (HSW 300); Tuesday, July 18 (N 729); Wednesday, August 2 (N 729). Practice sessions will be held from 5-8 p.m. on Tuesday, May 23 (HSE 317); from 4-7 p.m. on the following dates: Wednesday, June 7 (Madrone Room, MU); Tuesday, July 25 (Women's Residence Lounge, MU); Wednesday, August 9 (Women's Residence Lounge, MU). Two dates will be scheduled later according to demand. Since enrollment is limited in the practice sessions, call ext. 4032 for reservations.